



# Are you 70+?

Drive safely  
for longer



After many years of driving we can all develop some poor driving habits and our knowledge of the Highway Code can get a bit rusty.

This FREE course provides the opportunity for those aged 70+ to refresh their driving skills and knowledge through an informal drive out accompanied by a local driving instructor.

All you will need to do is:

**1** Register by contacting: ***chris.broadbent@cumbria.gov.uk*** or call **07826 874354** who will then arrange for a driving instructor to contact you.

**2** Present the instructor with your **driving licence and certificate of insurance.**

## Did you know?

People age at different rates, but it is inevitable that our eyesight, hearing, concentration and reactions will become less sharp and can affect our ability to drive safely with time.

There is currently not a set age at which you must stop driving – you can decide when to stop as long as you don't have any specific medical conditions that affect your driving.

Drivers of all ages must report to the DVLA about any medical conditions that may affect their ability to drive safely. This could be previous health conditions that have worsened or new ones.

For information on reportable medical conditions you can refer to the Older Drivers section of the Cumbria Road Safety Partnership website at [www.crsp.co.uk](http://www.crsp.co.uk)



